

'Sublime Stitches' Aida Page 3 Patterns 29 - 45

Design Area: 16.07 x 29.57 inches worked on 14 count AIDA

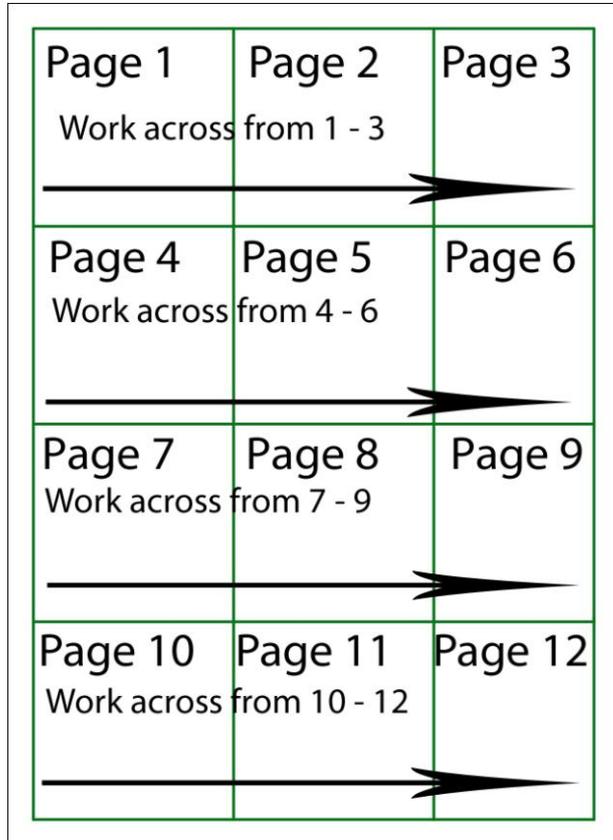
225 x 414 stitches

Material: Minimum size - 26 x 40 inches to allow for embroidery frame and mounting

Suggested fabric: Zweigart 14 count Aida, white, antique white or cream

The sample was worked on Zweigart 14 count Aida, white

Over dyed or space dyed fabrics may detract from the design - select carefully!



There are 12 pages of patterns. One page will be placed in 'Freebies' in Blackwork Journey every month. Each pattern or group of patterns have their: **Individual numbers, Technique, Threads and beads used, Chart, Picture and Method.**

Each month join a printout of the chart to the one before. The final chart will consist of 12 pages arranged in the order as shown above.

Please follow the main chart carefully to place and work the different patterns. The embroidery may differ slightly. Where patterns overlap between the pages do not start the pattern. The part patterns are there to help in the placing of the design. As additional pages are added the part patterns will be complete.

Do not add beads to the design until all 12 pages have been worked.

The sample was worked in DMC and Anchor floss in four shades including DMC 310 as the base colour.

Cross stitch is worked in TWO strands over two threads, back stitch is worked in ONE strand over two threads.

Threads used:

DMC 310 Black, three skeins

Anchor 1206 variegated, or DMC 815 Garnet, three skeins

DMC 415 Pearl grey, one skein

DMC 414 Steel grey, one skein



Size: 11/0 (2.5 mm)

Metallic threads used:

Rainbow Gallery Petite Treasure Braid PB01, one card or DMC Lights Effects E3852 Dark Gold, one skein

DMC Lights Effects E317

DMC 996 electric blue is used on the chart to show ONE strand of 415 and ONE strand 414 together to make two strands for pulled thread work stitches.

DMC Precious metal threads and Rainbow Gallery Petite Treasure Braid PB01

Beads used:

Mill Hill Glass Beads 557 Gold or 2011 Victorian Gold, one packet Size 11 (2.5mm)

Mill Hill Glass Beads 2022 Black /Grey/ Silver, one packet

Beads are optional. Use them as and where you feel is appropriate. I have indicated on the chart where I have added them. Do not attach the beads until the embroidery is complete

Legend:

■ [2] DMC-310 ANC-403 DML- black
 ■ [2] DMC-815 ANC-44 DML- garnet - md

■ [2] DMC-996 ANC-433 DML- electric blue - md

Call Outs:

■ [2] DLE-E3852 Dark Gold DMC Light Effects

Backstitch Lines:

— DMC-310 black
 — DMC-815 garnet - md
 — DMC-996 electric blue - md
 — DLE-E3852 Dark Gold

French Knots:

● DMC-310 black ● DMC-815 garnet - md

Beads:

● MHG-557 Mill Hill Glass Beads-Gold

Sublime Stitches' consist of 12 numbered pages which joined together complete the Master Chart

'Sublime Stitches' Aida Pages 1 - 3 Patterns 1 - 45

To help position the patterns correctly on the fabric and to see how they relate to each other look carefully at the embroidery.

If only a small part of a pattern is shown on one page leave it until the following month and work the pattern as a whole.

The patterns to be added this month are the remaining ones from Page 2 and Patterns 29 - 45 from Page 3.

Pattern 15

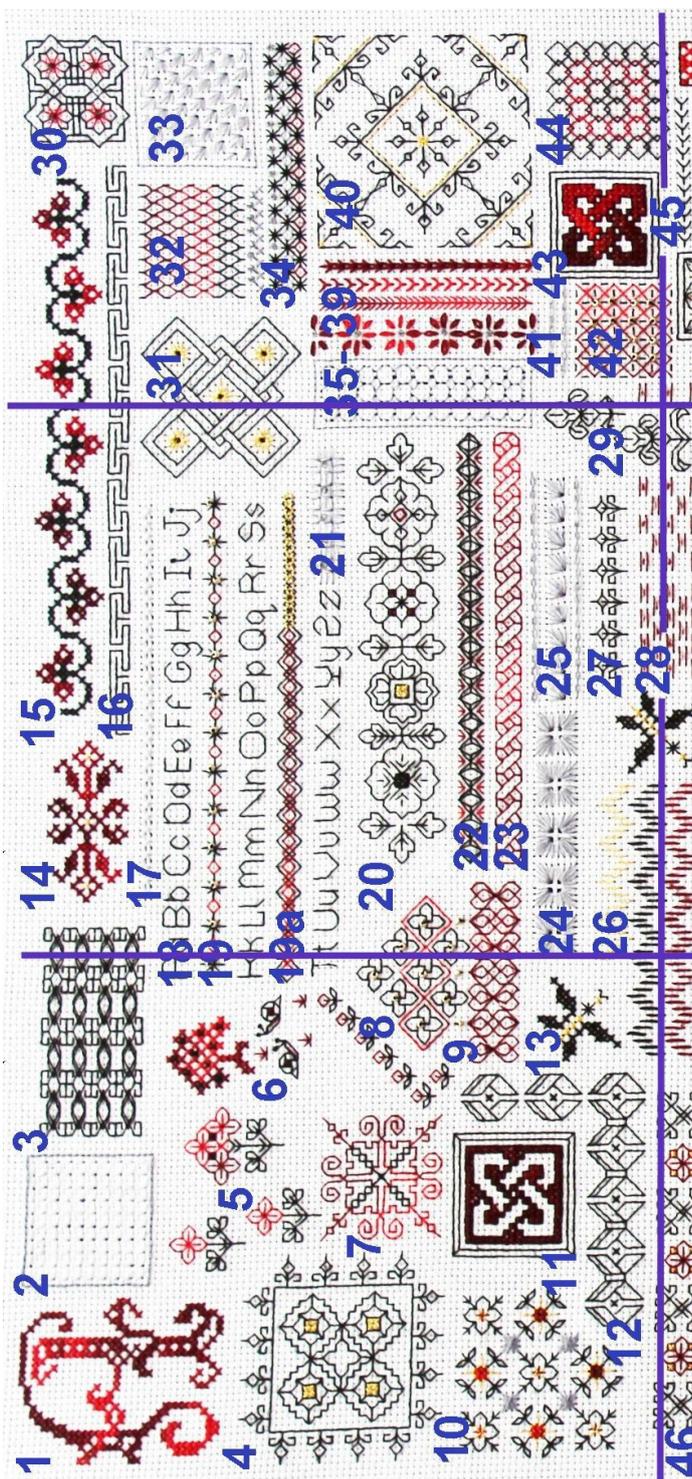
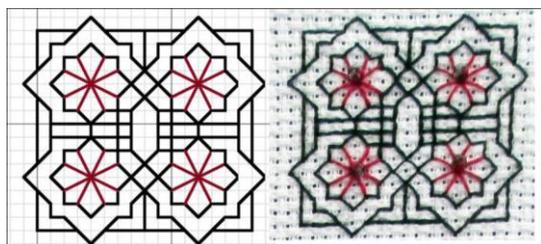
Complete Pattern 15 from Page 2

Pattern 16

Complete Pattern 16 from Page 2

Pattern 30 Square flower motif

Technique: Blackwork Stitches: Back stitch
 Threads: DMC 310 , Anchor 1206, one strand



This motif is built round a simple star which can be used as a border or joined together to make numerous variations. The beauty of blackwork is that by adding or removing lines different patterns can be created from the simple to the very complex.

Pattern 31 Celtic Knot

This pattern was designed as one of a series of five embroideries for the television series "The White Princess" based on the novel by Philippa Gregory. "The White Princess" tells the story of England's War of the Roses from the perspective of the women. The 8-episode limited series drama is currently in pre-production to air in 2017.

Technique: Blackwork, embroidery

Stitches used: Back stitch, one strand, eyelet variation, gold metallic



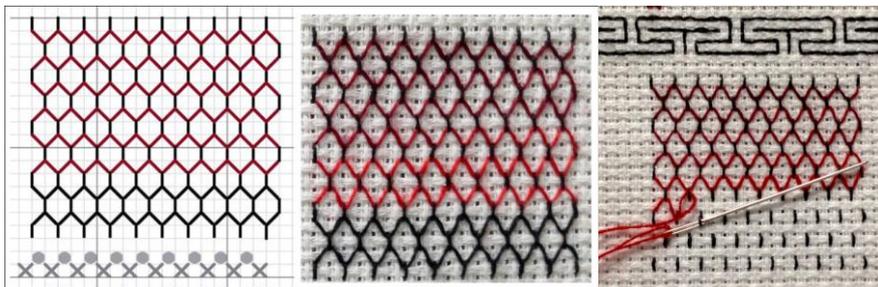
February 9, 2016 Courtesy of Starz

Additional motifs can be joined together to make a border!



Pattern 32 Lacing stitches

Technique: Embroidery



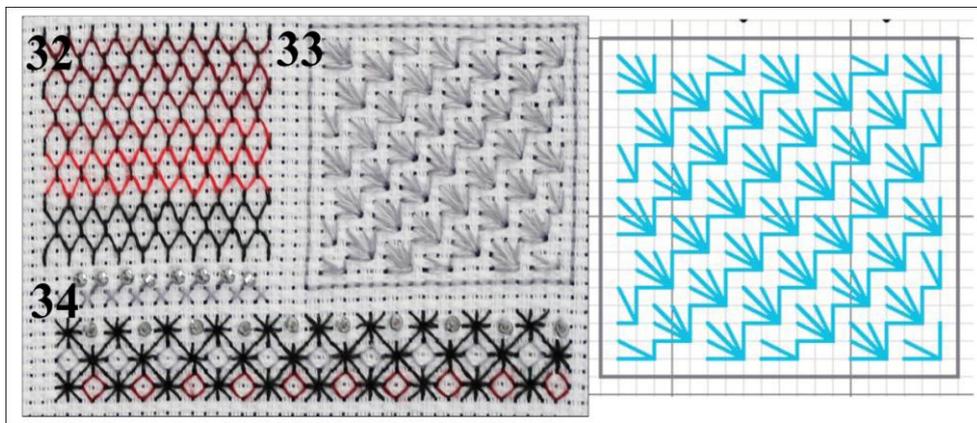
Method: Work vertical stitches in black, two blocks apart to create a mesh.

Then weave the thread through the mesh to create a diamond effect. Alternate the colours.

The lacing sits on the surface of the fabric and can be used to cover large areas effectively.

Pattern 33 Leaf stitch

This is a pulled thread pattern worked as an embroidery stitch where the leaves are not 'pulled'.



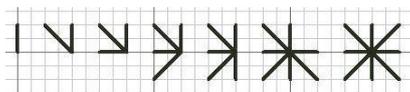
Technique: Embroidery
Thread: DMC 414 Steel grey,
two strands

Method:
Work the leaf from the bottom
right hand corner diagonally.
Compensating stitches are
added so follow the pattern
carefully.

Pattern 34 Bands and Beads

Technique: blackwork Stitches: Cross stitch DMC 414 with beads, Eyelet stitch with beads.

Method:



Work the eyelet in 8 stitches from the outside to the centre, creating a small hole.

Move from one eyelet to the next leaving two blocks between each eyelet.

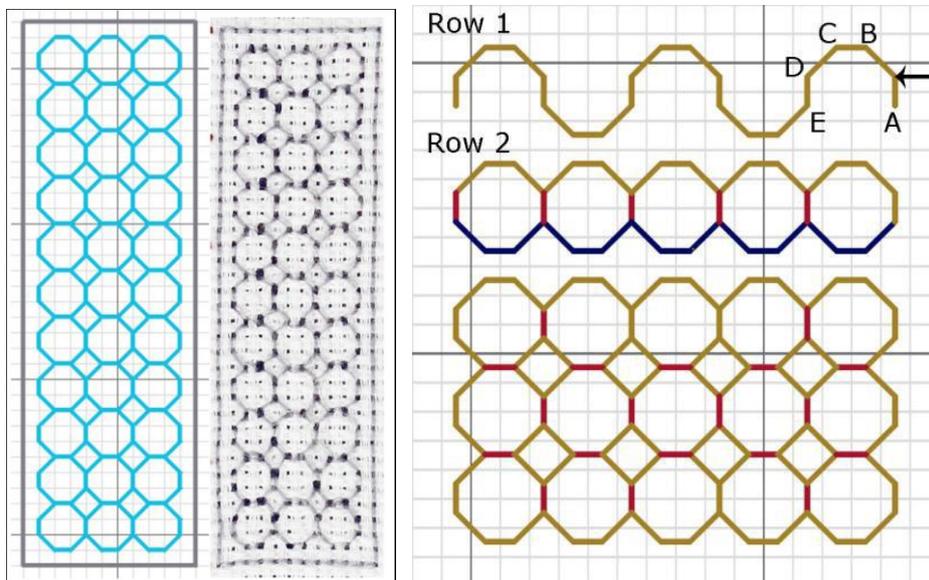
Add the diamond stitches after the eyelets have been completed.

Knowing how to develop bands of embroidery from simple stitches opens endless opportunities. 'Sublime Stitches' explores a number of line stitches and shows how they can be used in different ways.

Pattern 35 Ringed back stitch

This is a pulled thread pattern worked as an embroidery stitch where the stitches are not 'pulled'.

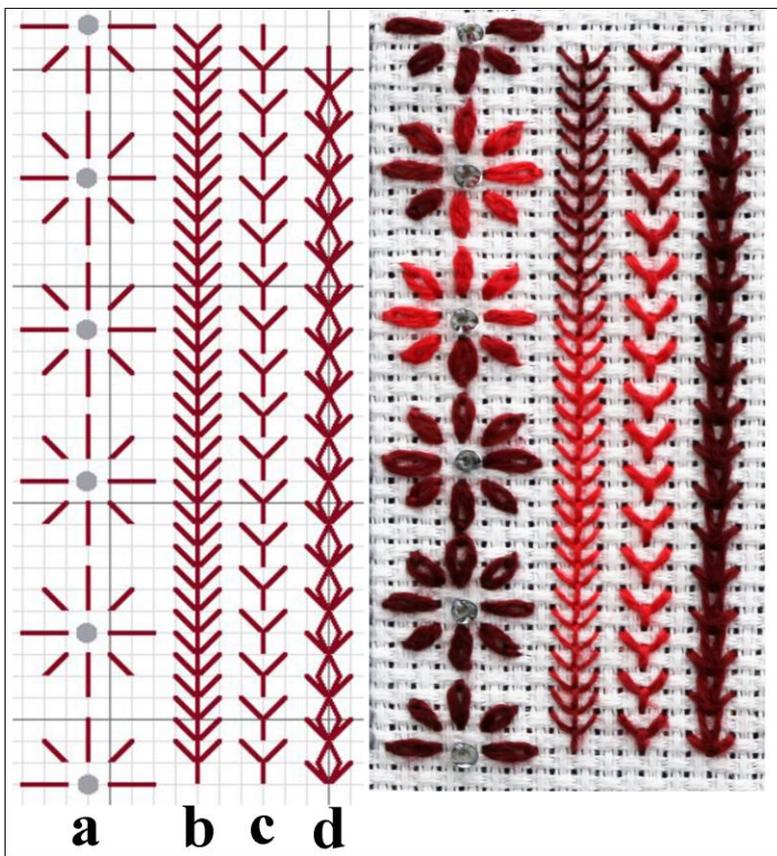
Technique: Pulled thread work Threads: One strand of DMC 414 and one strand of DMC 415



Worked from right to left following the chart. Bring the thread through at the arrow. Insert the needle at A, two threads down, bring it through at B, four threads up and two to the left. Insert at B, bring through at D, two threads down, four to the left. Insert at C bring through at E, four threads down and two to the left. Continue the row of half rings for the full length required.

Row2: Turn the fabric for the second row and work back completing the rings. Where the red stitches are shown on the chart all the connecting stitches share the same holes.

This is a simple stitch to work on Aida fabric and covers large areas easily.



Patterns 36 - 39 Line patterns: a. Lazy daisy flowers, b. Linear Fly stitch, c. Detached Fly stitch and d. Wheatear stitch.

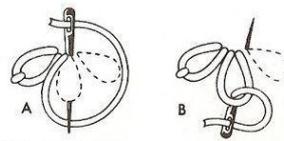
Technique: Embroidery

Threads: Anchor 1206, two strands

These embroidery stitches add texture and interest to any sampler and are a useful addition to the needlewoman's library.

a. Lazy daisy flowers.

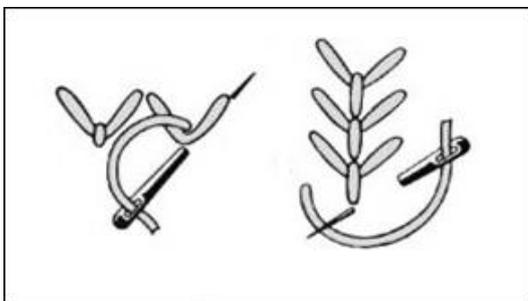
Using two strands of floss, work the petals over one and two blocks. The bead will be added to the four block centre.



Lazy daisy stitch

Using two strands of floss, work the petals over one and two blocks. The bead will be added to the four block centre.

b. Linear Fly stitch, one strand and c. Detached Fly stitch, two strands (Also known as the 'Y' stitch)



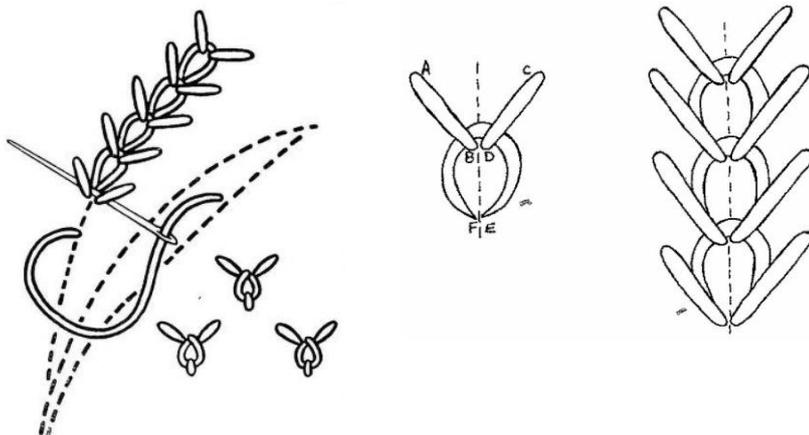
Method:

Follow the diagram by picking up a small loop on the surface of the fabric. Anchor the loop down with a small straight stitch. The length of the straight stitch can vary.

Each stitch can be worked as a line (b) or individually (c)

d Wheatear stitch.

This is one of my favourite embroidery stitches. It is easy to work and gives texture to the border. Anchor 1206 - use two strands of thread.



Method:

Work the stitch downwards along an imaginary line towards you.

Work two diagonal stitches AB, CD.

Bring the needle out below the lines at E. Slide the needle under the two diagonal lines and take the needle down into the material at F.

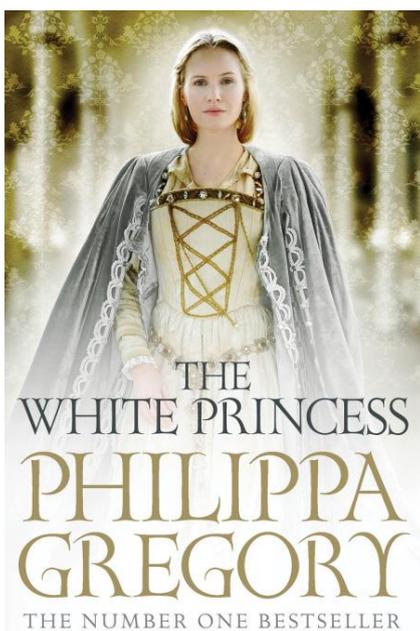
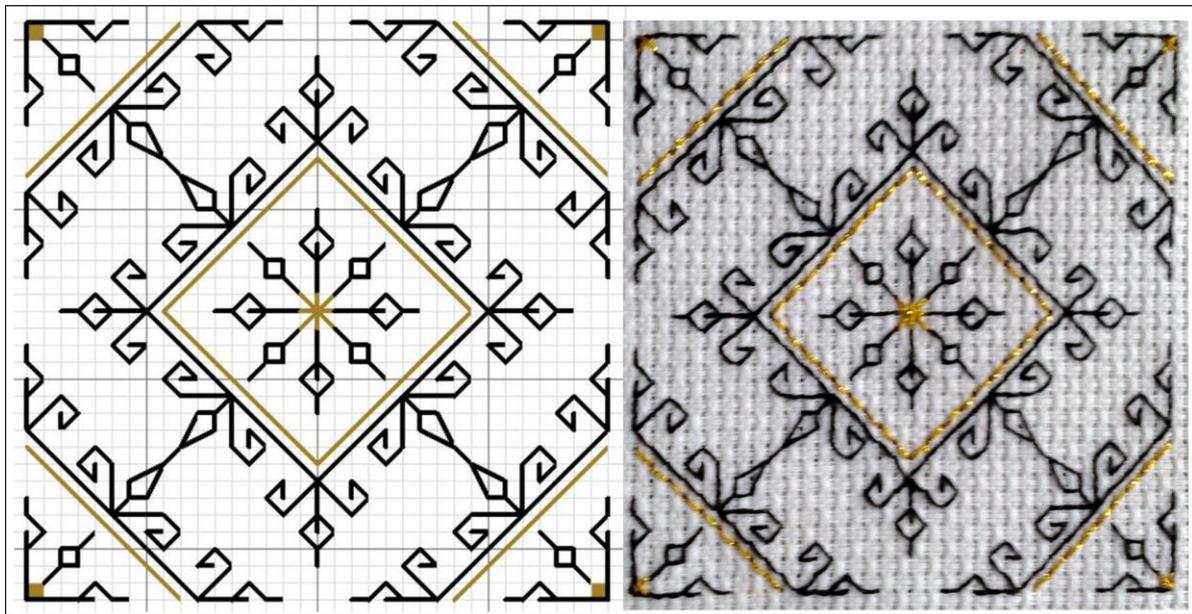
Repeat the process - two diagonal lines AB, CD, bring the needle up at E, slide under the two stitches and back down F.

These stitches are especially easy to count on evenweave or Aida fabric and can be worked as freestyle embroidery stitches on linen.

Pattern 40 Blackwork Motif Design for the White Princess

"The White Princess" concludes the story of England's War of the Roses and charts the rise of the House of Tudor through the tortuous marriage between Princess Elizabeth of York and King Henry Tudor. The year is 1485 and Princess Elizabeth, daughter of "The White Queen," has been pledged in marriage to the newly anointed King Henry Tudor in hopes that it will bring peace to a war-torn country. England is united, but their marriage is soon divided, as rumors circulate that Elizabeth's long-lost brother Prince Richard is alive and planning to take the throne. Now she must choose between Tudor wife and York princess, between her new husband and the boy who claims to be her own blood and the true heir to the crown.

To be asked to contribute blackwork designs appropriate to the era was challenging and interesting. This motif can be expanded to cover a large area of costume such as a sleeve or bodice.

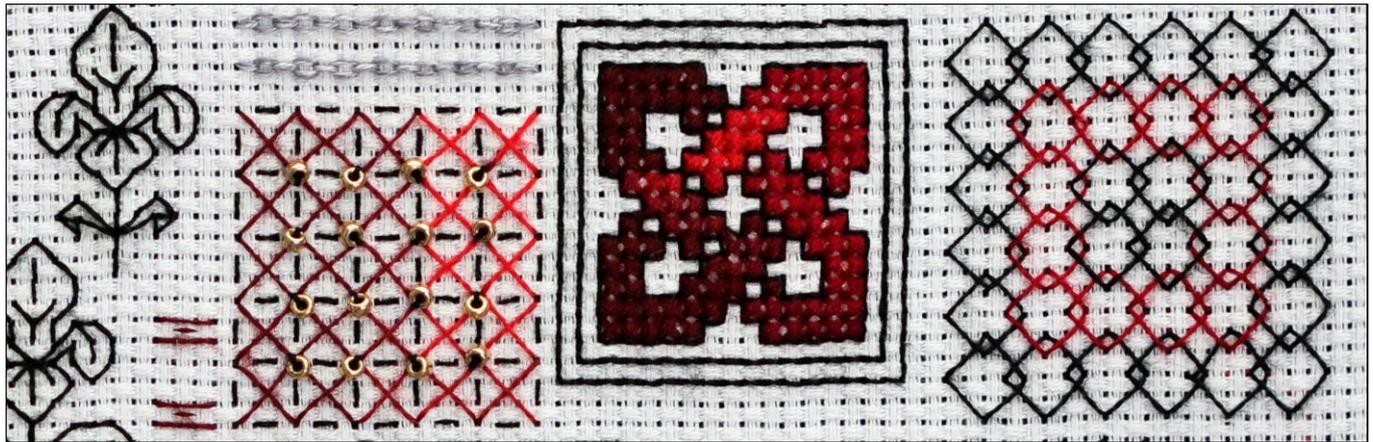


Historically, blackwork was used on shirts and chemises or smocks in England from the time of Henry V. The common name "Spanish work" was based on the belief that Catherine of Aragon brought many blackwork garments with her from Spain, and portraits of the later 15th and early 16th centuries show black embroidery or other trim on Spanish chemises.

Black embroidery was known in England before 1500. Geoffrey Chaucer in the Canterbury Tales describes the clothing of the miller's wife, Alison: "Of white, too, was the dainty smock she wore, embroidered at the collar all about with coal-black silk, alike within and out."

Blackwork in silk on linen was the most common domestic embroidery technique for clothing (shirts, smocks, sleeves, ruffs, and caps) and for household items such as cushion covers throughout the reign of Elizabeth I but it lost its popularity by the 17th century.

Technique: Blackwork Stitch used: Back stitch, one strand



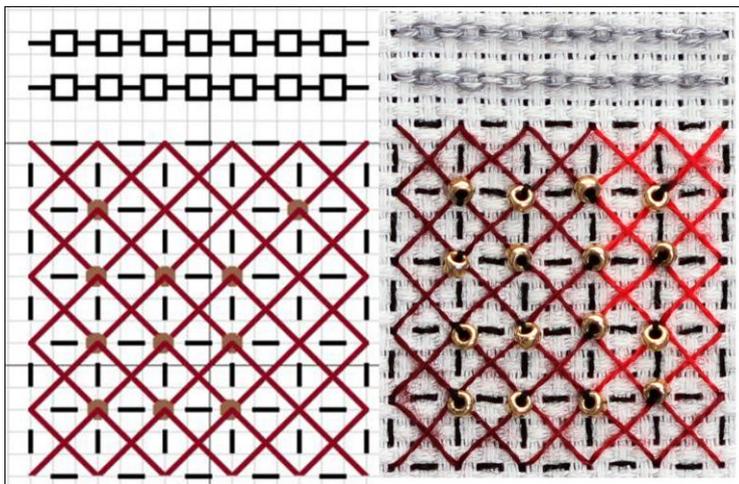
Consider the balance of light, medium and heavy designs when constructing a sampler!



Pattern 41 Cable Stitch

Technique: Embroidery Thread: DMC414, two strands
Method:

This stitch is used a number of times within the sampler. It is worked in lines and can be worked in any direction. Space the stitches evenly being careful to wrap the thread round the need in the correct direction to create the link between the two chain stitches.



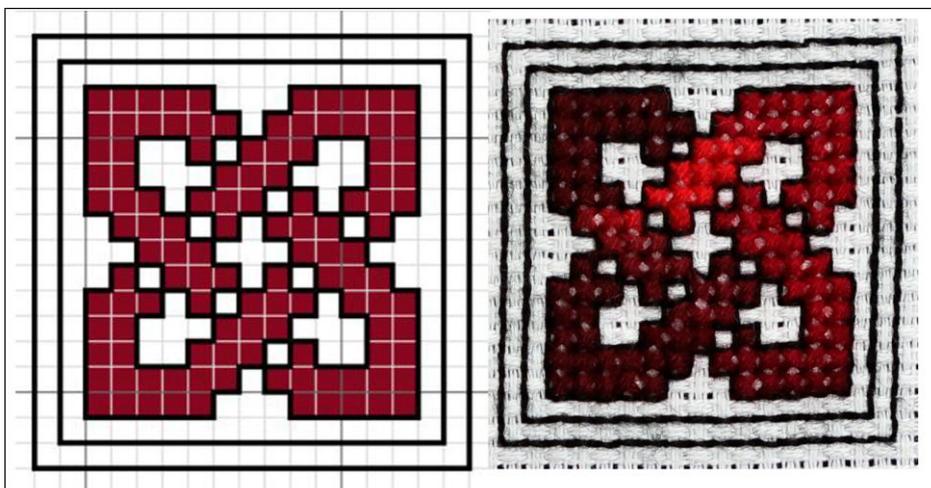
Pattern 42 Diamond and Bead Mesh

Technique: Blackwork Thread: Anchor 1206, one strand

Patterns which cover large areas are useful. This pattern is one of the simpler ones. Straight stitches and beads fill the gaps between the diamonds.

The diamonds are worked as long stitches over two blocks.

Add the beads after all the embroidery has been completed.



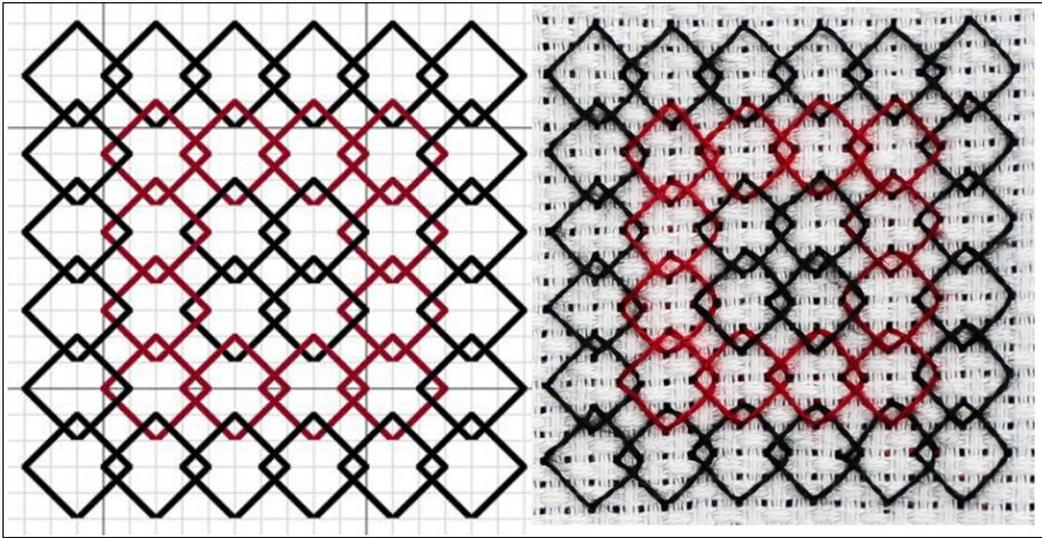
Pattern 43 Cross stitch motif with blackwork outline

Technique: Cross stitch Thread: Anchor 1206, two strands
Stitches used: Cross stitch, back stitch

This motif appears twice in the sampler once as an Assisi motif and this one as a cross stitch design.

Work the cross stitch first in two strands of floss and then work the backstitch round the cross stitch in one strand of DMC 310.

Pattern 44 Interlocking diamonds

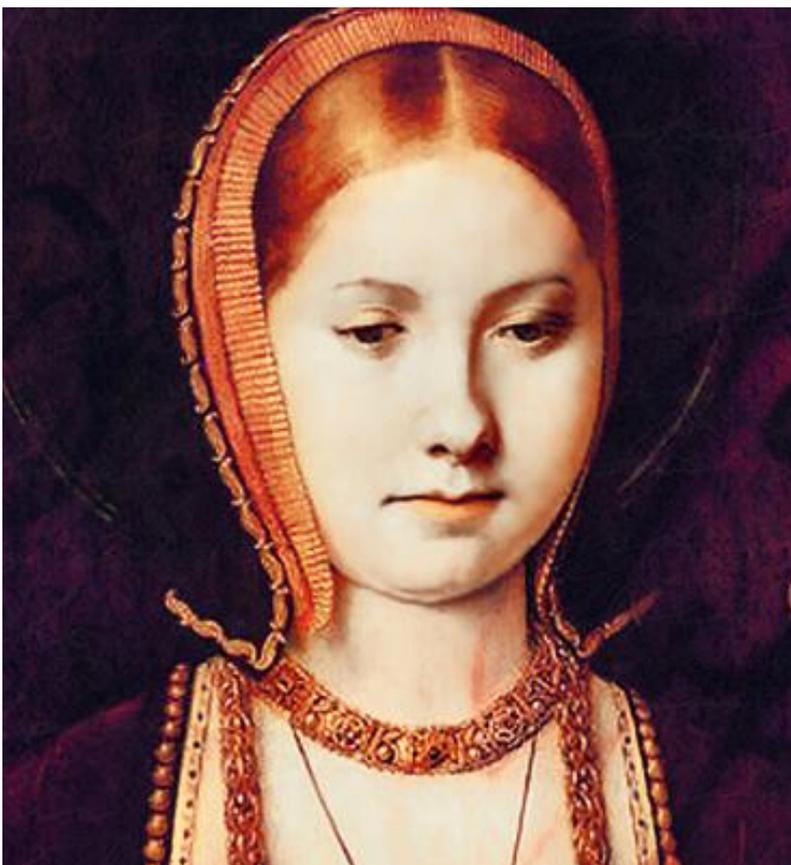


Technique: Blackwork
Thread: DMC 310,
Anchor 1206

Method:
Work the long stitches
over two blocks. Overlap
the diamonds.

Pattern 45 Detached Fly stitch

See Patterns 36 - 39 Line patterns above

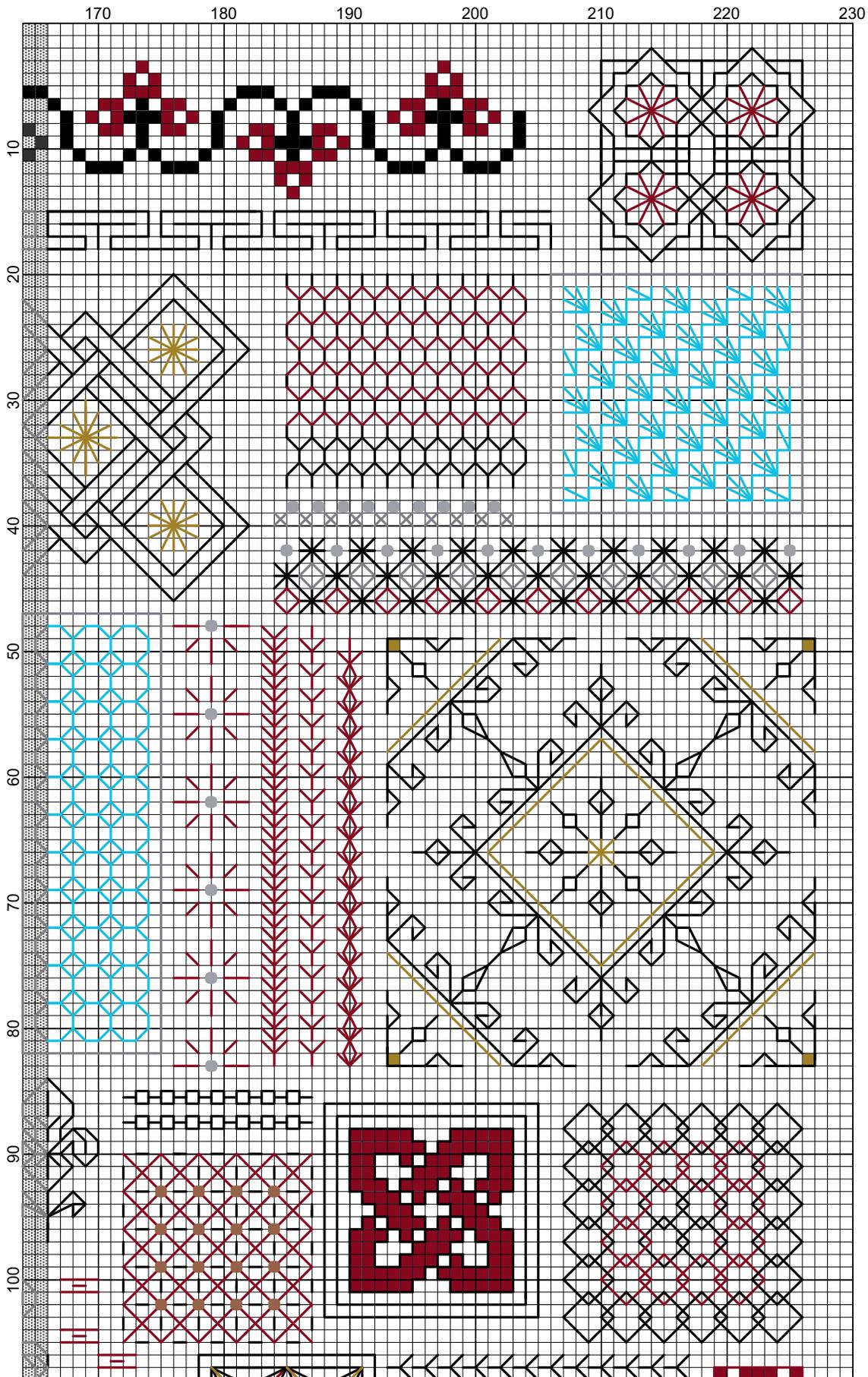


Catherine of Aragon was the 1st wife of Henry VIII and Queen of England for 24 years until he broke away from the Catholic Church and divorced her in favour of the much younger, Anne Boleyn. She was the mother of Mary Tudor, future Queen of England.

Blackwork Journey drew much of its inspiration from the embroidery of the Tudor dynasty.

This completes Page 3 of 'Sublime Stitches' Aida

Sublime Stitches Aida



Legend:

- DMC-310
- DMC-815
- DMC-996
- DLE-E3852

Backstitches:

- DMC-310
- DMC-815
- DMC-996
- DLE-E3852
- DMC-414

French Knots:

- DMC-310
- DMC-815

Beads:

- MHG-557
- MHG-2022